

Hiking for Cub Scouts

Pre-Hike Activities



The Cub Scout program requires that most ranks prepare for and complete a hike.



Tiger Adventure: Tigers in the Wild

1. With your parent, guardian or other caring adult, name and collect the Cub Scout Six Essentials you need for a hike. Tell your den leader what you would need to add to your list to prepare for rain.
3. Do the following:
 - a. Listen while your leader reads the Outdoor Code. Talk about how you can be clean in your outdoor manners.
 - b. Listen while your leader reads the Leave No Trace Principles for Kids. Discuss why you should "Trash Your Trash."



Wolf Adventure: Paws on the Path

1. Show you are prepared to hike safely by putting together the Cub Scout Six Essentials to take along on your hike.
2. Tell what the buddy system is and why we always use it in Cub Scouts. Describe what you should do if you get separated from your group while hiking.
3. Choose the appropriate clothing to wear on your hike based on the expected weather.
4. Before hiking, recite the Outdoor Code and the Leave No Trace Principles for Kids with your leader.... *There is also an after hike activity for this requirement.*



Webelos Adventure: Webelos Walkabout

1. Plan a hike or outdoor activity.
2. Assemble a first-aid kit suitable for your hike or activity.
3. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them on your Webelos adventures.
4. Before your hike, plan and prepare a nutritious lunch or snack. *There is also a hiking requirement.*
5. Describe and identify from photos any poisonous plants and dangerous animals you might encounter on your hike.

Leave No Trace Principles for Kids

Know Before You Go
Choose the Right Path
Trash Your Trash
Leave What You Find
Be Careful With Fire
Respect Wildlife
Be Kind to Other Visitors

The Outdoor Code

As an American, I will do my best to--
-Be clean in my outdoor manners,
-Be careful with fire,
-Be considerate in the outdoors, and
-Be conservation minded

Cub Scout Six Essentials for Hiking

First-Aid Kit
Flashlight
Filled Water Bottle
Trail Food
Sun Protection
Whistle